



# PUSHING PAST YOUR PAIN

JULY SERMON SERIES



# Praising God in Your Pain

Lesson Four

# **Habakkuk 3:17-19 (NIV)**

## **Scripture Lesson**

Though the fig tree does not bud and there are no grapes on the vines, though the olive crop fails and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls, yet I will rejoice in the LORD, I will be joyful in God my Savior. The Sovereign LORD is my strength; he makes my feet like the feet of a deer; he enables me to tread on the heights.”

# **Three Praise Principles When Experiencing Painful Situations:**

**1. PRAISE DOES NOT DEPEND  
ON CIRCUMSTANCES.**

**1 Thessalonians 5:16, “Rejoice  
always.”**

**No matter how bad things get  
around us, we decide how to  
respond.**



## **2. PRAISE IS A DECISION.**

**THREE REACTIONS HABAKKUK AVOIDS:**

**(a) He Does NOT Lash Out at God in Anger.**

**(b) He Does NOT Pretend That the Evil Will  
Not Happen.**

**(c) He Does Not Say, “Despite All This, I  
Will Endure!”**

**Psalm 34:1, I will bless the LORD at  
all times: His praise shall  
continually be in my mouth.**

**3. PRAISE IS BIRTH OUT OF  
OUR RELATIONSHIP WITH  
GOD.**

**The closer you get to God, the easier and more natural it will be to make the decision to praise Him.**



**4. WE HAVE BEEN DESIGNED  
BY GOD TO PRAISE HIM IN  
PAINFUL SITUATIONS.**

**The Lord GOD is my strength, and He  
has made my feet like the feet of a  
deer and makes me walk on my high  
places.**

**Habakkuk 3:19**

**(a) “He has made my feet like the feet of a deer.”**

**You have been designed by God to  
praise your way through every  
painful situation.**

**(b) “My High Places”**

**(c) “Makes me walk on my high places”**

**Psalm 18:33, “He made my feet like  
the feet of a deer and set me  
secure on the heights.”**

**God is good! He is wise! He is in control! And He knows what He is doing!**



**Praise is the only antidote to our  
pain.**

**Obeying God is not always easy, but it  
is always worthwhile.**

**HOW DO I PRAISE GOD IN THE  
MIDST OF PAIN?**

**Hebrews 13:15 (AMP), THROUGH HIM,  
therefore, let us at all times offer up  
to God a sacrifice of praise, which is  
the fruit of lips that thankfully  
acknowledge and confess and glorify  
His name.**

**What Does Your Praise Look Like  
When The Pain In Your Life Is  
Overwhelming?**

**Keep Showing Up!**